



Sports Medicine/ Rehab Aide Curriculum Map CIP Code 51.2604

Industry Standards
National Safety Council, ACSM, HOSA,
OSHA, AMCA

Level I	<p style="text-align: center;"><u>1st Quarter</u></p> <p style="text-align: center;"><u>Intro, Safety, Emergency Care</u></p> <p>Intro to Sports Medicine/ Careers Safety Medical Terminology Legal Terms Emergency Care/Vital Signs Modalities Set Up <i>Stop the Bleed Certification</i></p>	<p style="text-align: center;"><u>2nd Quarter</u></p> <p style="text-align: center;"><u>Anatomy and Injuries</u></p> <p>Ankle/Foot Knee Hip Spine Chest/Abdomen/Special Considerations <i>CPR Certification</i></p>	<p style="text-align: center;"><u>3rd Quarter</u></p> <p style="text-align: center;"><u>Anatomy and Injuries</u></p> <p>Shoulder Elbow, Wrist, and Hand Head, Face, Brain Concussions</p>	<p style="text-align: center;"><u>4th Quarter</u></p> <p>Nutrition Mental Health/Sports Psychology</p>
	<p style="text-align: center;"><u>1st Quarter</u></p> <p style="text-align: center;"><u>Intro, Safety, Emergency Planning</u></p> <p>Sports Medicine Career Research Safety Medical Terminology Emergency Planning (EAPs) Modalities Usages <i>Stop the Bleed Certification</i></p>	<p style="text-align: center;"><u>2nd Quarter</u></p> <p style="text-align: center;"><u>Anatomy, Treatment and Rehabilitation</u></p> <p>Ankle/Foot Knee Hip Spine Chest/Abdomen/Special Considerations <i>CPR Certification</i></p>	<p style="text-align: center;"><u>3rd Quarter</u></p> <p style="text-align: center;"><u>Anatomy, Treatment and Rehabilitation</u></p> <p>Shoulder Elbow, Wrist and Hand Concussion</p>	<p style="text-align: center;"><u>4th Quarter</u></p> <p>Advanced Nutrition Facility Planning (PT Clinic/Athletic Training Room) Facility Budgeting **Self Study for AMCA rehab aide exam NOCTI Pretest <i>AMCA Rehab Aide Exam</i></p>
	<p style="text-align: center;"><u>1st Quarter</u></p> <p style="text-align: center;"><u>Intro, Safety, Weight Training</u></p> <p>Safety Career Tree/Preparation College Majors in Sports Medicine Intro to Resume Writing Intro to fitness training/sport performance <i>Stop the Bleed Certification</i></p>	<p style="text-align: center;"><u>2nd Quarter</u></p> <p style="text-align: center;"><u>Sport Performance/Weight Training</u></p> <p>Clinical Experience/Co-Op Fitness Training Weight Training Principles Sport Performance <i>CPR Certification</i></p>	<p style="text-align: center;"><u>3rd Quarter</u></p> <p style="text-align: center;"><u>Graduation Prep</u></p> <p>Clinical Experience/ Co-Op Self-guided study for ACSM or AMCA certifications NOCTI Skills Review NOCTI Skills Exam</p>	<p style="text-align: center;"><u>4th Quarter</u></p> <p style="text-align: center;"><u>Graduation Prep</u></p> <p>Clinical Experience/ Co-Op Prepare and take ACSM or AMCA certification Resume Building/Interview Skills NOCTI Written Test <i>Mandated Reporter Training</i></p>